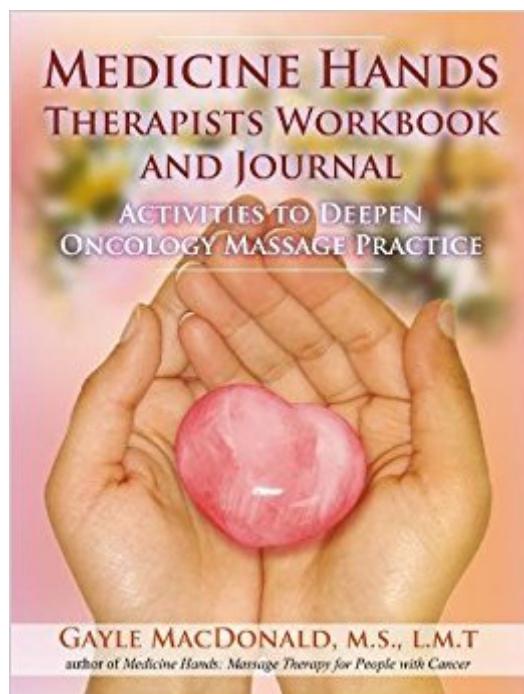


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# Medicine Hands Therapists Workbook And Journal: Activities To Deepen Oncology Massage Practice



## **Synopsis**

The Original Self-paced Learning System Education is undergoing a vast transformation through the creation of new technologies. While the workbook/journal format might seem low tech by comparison, it has an important place in acquiring knowledge and skills. A workbook is the original self-paced learning system. Whether a practitioner is beginning to study massage for people affected by cancer or is deepening their practice, learning occurs through a number of directions: self-study, guided clinical lessons with an experienced teacher, supervised hands-on practice with clients, mentoring, and peer support via group interactions. *Medicine Hands*, the textbook, addresses the knowledge needed to work safely with these clients. *Medicine Hands Therapist Workbook and Journal* focuses on practicing with the information so that it becomes more ingrained. The workbook and journal uses the following types of activities to build practitioner knowledge: quizzes, supplemental activities, awareness exercises, reflective questions, ethical dilemmas, touch exercises, case studies. Like *Medicine Hands*, the workbook and journal continues the use of the pressure, site and position framework as a core tenet.

## **Book Information**

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## **Customer Reviews**

Gayle MacDonald, MS, LMT, supervises massage therapists in the oncology units of Oregon Health and Science University and is the author of *Medicine Hands: Massage Therapy for People with Cancer* and *Massage for the Hospital Patient and Medically Frail Client*.

Great book

This book was used in a class in Lexington KY. Best textbook, very massage therapist friendly. Its a keeper

Medicine Hands has changed my life. I am now committed to helping those with cancer. Thank you Gayle

The workbook was backordered when I first ordered. Received recently. A great supplement to the basic book!

Excellent workbook - many thanks to the author.

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